

Karanvir Gupta, MD, DABFM

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Curriculum Vitae

Expert Profile

Board-Certified Family Medicine Physician and Chief Medical Officer with over eight years of active clinical practice in primary care and urgent care settings. Clinical experience includes direct patient care, provider supervision, peer review, quality improvement activities, and assessment of clinical decision-making across outpatient practice environments. Provides medical-legal consultation and testimony on matters involving standard of care, clinical decision-making, diagnostic evaluation, and medical documentation in primary care and urgent care settings. Applies evidence-based medical principles and sound clinical judgment to assess the reasonableness of care within real-world practice conditions, including how clinical decisions, timing, follow-up, and continuity of care may have influenced patient outcomes. Delivers objective, well-supported opinions to assist counsel in case evaluation, risk assessment, and litigation preparation.

Areas of Medical-Legal Focus

- Clinical Decision-Making and Diagnostic Reasoning
- Assessment of How Diagnostic Decisions, Timing, and Follow-Up May Have Contributed to Patient Outcomes
- Primary Care and Urgent Care Standards of Practice
- Triage Assessment and Emergency Referral Thresholds
- Outpatient-to-Emergency Department Escalation Decisions
- Evaluation of Cardiopulmonary Symptoms in Primary and Urgent Care (*e.g., chest pain, shortness of breath, fainting*)
- Evaluation of Infectious Diseases in Primary and Urgent Care Settings
- Evaluation of Neurologic Symptoms in Primary and Urgent Care (*e.g., headache, dizziness, focal neurologic complaints*)
- Evaluation of Abdominal and Gastrointestinal Presentations in Primary and Urgent Care (*e.g., abdominal pain, nausea/vomiting, suspected appendix or gallbladder inflammation, gastrointestinal bleeding*)
- Evaluation of Musculoskeletal and Orthopedic Presentations in Primary and Urgent Care (*e.g., fractures, joint injuries, soft tissue injuries, neck pain, back pain*)
- Medical Record Documentation, Follow-Up, and Continuity of Care

- Clinical Governance, Peer Review, Quality Improvement, and Patient Safety
- Primary Care Cancer Screening and Preventive Care (*Guideline Adherence, Follow-Up, and Continuity*)
- Medication Management, Monitoring, and Adverse Drug Events
- Utilization Review and Medical Necessity in Outpatient Care
- Acute and Chronic Pain Management in Primary Care, Including Opioid and Non-Opioid Therapies
- Insomnia and Sleep Disorder Management in Primary Care, Including Controlled Medication Prescribing and Monitoring
- Non-Obstetric Women's Health in Primary Care (*Contraception, STI Evaluation and Management, Cervical & Breast Cancer Screening, Menstrual and Menopausal Care*)
- Men's Health Conditions Managed in Primary Care (*e.g., hypogonadism/testosterone evaluation, enlarged prostate, erectile dysfunction, prostate cancer screening, lower urinary tract symptoms*)
- Metabolic and Obesity Management in Primary Care, Including GLP-1–Based Therapies
- Acute and Chronic Disease Management in Primary & Urgent Care Settings
- Outpatient Procedures and Procedural Safety in Primary & Urgent Care Settings (*e.g., joint and soft-tissue injections, skin biopsy and minor excisions, laceration repair, incision and drainage of abscesses, foreign body removal*)
- Physician Supervision, Collaboration, Performance Review, and Clinical Oversight of Physician Assistants and Nurse Practitioners
- Integrated Primary and Urgent Care Practice in Rural and Underserved Settings

Medical-Legal Experience

Expert Case Retentions

- Retained in a medical malpractice matter involving prostate cancer screening in a primary care setting (Florida, 2026)

Treating Physician Testimony Experience

- Provided deposition testimony as a treating physician and fact witness in Nevada District Court civil litigation involving a motor vehicle accident (2024)
- Provided trial testimony as a treating physician and fact witness in Nevada District Court civil litigation involving a motor vehicle accident (2024)

Clinical Appointments

Chief Medical Officer & Primary Care Physician

Union Family Health Center, Las Vegas, NV | 2026–Present

Serves as Chief Medical Officer and practicing Family Medicine physician, combining direct patient care with clinical leadership and organizational oversight. Oversees clinical quality, provider performance, patient safety, and operational effectiveness across multiple primary care clinics serving members of the International Brotherhood of Electrical Workers (IBEW) Local 357 and their families. Responsibilities include clinical governance, provider supervision and mentorship of physicians, nurse practitioners, and physician assistants, peer review, quality improvement initiatives, provider recruitment, workflow optimization, and implementation of evidence-based clinical standards. Maintains an active patient panel and provides comprehensive primary care, including preventive medicine, chronic disease management, acute care, office-based procedures, and population health initiatives within a value-based care model.

Urgent Care Physician

CareNow Urgent Care, Las Vegas, NV | 2024–Present

Provides urgent care services in a high-volume clinical environment across the Las Vegas Valley. Evaluates and manages acute illnesses and injuries, along with chronic disease presentations encountered in the urgent care setting, performs office-based procedures, and delivers evidence-based care for a diverse patient population. Collaborates with multidisciplinary clinic teams to support efficient patient flow, timely clinical decision-making, patient education, and safe outpatient management.

Primary Care Physician

Marathon Health, Henderson, NV | 2024–2026

Provided comprehensive outpatient primary care within a value-based care model emphasizing prevention, chronic disease management, longitudinal care, and patient engagement. Delivered evidence-based evaluation and treatment for acute and chronic medical conditions, performed office-based procedures, and collaborated with multidisciplinary teams to support whole-person wellness, population health improvement, and patient-centered care.

Urgent Care Physician

Intermountain Health, Pahrump, NV | 2017–2024

Practiced broad-spectrum outpatient Family Medicine in a high-volume clinical environment, including urgent episodic care, chronic disease management, preventive care, longitudinal follow-up, medication management, and diagnostic evaluation in a medically underserved setting with limited access to primary care and specialty services.

Education & Training

Family Medicine Residency

University of North Dakota Center for Family Medicine, Minot, ND | 2014–2017

Doctor of Medicine

Saba University School of Medicine, Netherlands-Antilles | 2009–2014

Honors Bachelor of Medical Sciences (Medical Biophysics)

University of Western Ontario, London, ON, Canada | 2005–2009

Licensure & Board Certification

- **Nevada State Board of Medical Examiners** – Active License (2017–2027)
- **American Board of Family Medicine** – Board Certified, Diplomate (2017–Present)
- FMCSA Department of Transportation Certified Medical Examiner (2018–2028)
- DEA Controlled Substance Registration (2024–2027)
- Nevada State Board of Pharmacy – Practitioner Dispensing License (2024–2026)
- Nevada State Board of Pharmacy – Controlled Substance License (2024–2026)
- Advanced Cardiac Life Support (2024–2026)
- Basic Life Support (2024–2026)

Academic & Supervisory Roles

- Supervising Physician for Physician Assistants (2017–Present)
- Collaborating Physician for Nurse Practitioners (2020–2022; 2026–Present)
- Resident and Medical Student Advisor, University of North Dakota Center for Family Medicine (2014–2017)
- Resident Recruitment Committee, University of North Dakota Center for Family Medicine (2014–2017)
- Education Committee, University of North Dakota Center for Family Medicine (2014–2017)
- Medical Student Mentor, Saba University School of Medicine (2010–2011)

Scholarly Activity & Continuing Education

Conferences Attended:

- Inside Litigation Event - Indianapolis, IN (2026)
- Defense Research Institute 2026 Medical Liability and Health Care Law Seminar - Nashville, TN (2026)
- American Association of Legal Nurse Consultants 2026 Annual Forum - Orlando, FL (2026)
- MCE Dermatology and Pain Management for Primary Care – Orlando, FL (2025)
- Continuing Education Company 8th Annual Clinical Issues in Primary Care – Big Island, HI (2023)
- American Academy of Family Physicians Geriatric Medicine – Livestream (2021)
- American Academy of Family Physicians Adult Medicine – Livestream (2021)
- American Academy of Family Physicians Emergency & Urgent Care – Las Vegas, NV (2018)
- Society of Teachers of Family Medicine Annual Spring Conference – Minneapolis, MN (2016)
- University of North Dakota Conference on Rural & Public Health – Minot, ND (2015)

Presentations:

- Resident-Driven Education — Society of Teachers of Family Medicine Annual Spring Conference (2016)
- Surviving Intern Year — University of North Dakota Center for Family Medicine (2015)
- Long-Acting Contraception & Teen Pregnancy — University of North Dakota Journal Club (2015)

Publications:

Finger EC, Marsh A, Blair KS, Majestic C, Evangelou I, Gupta K, et al.
Psychiatry Research: Neuroimaging (2012)

Mitchell DGV, Luo Q, Avny SB, Kasprzycki T, Gupta K, et al.
Journal of Neuroscience (2009)

Professional Memberships & Affiliations

- American Academy of Family Physicians (2014–Present)
- College of Urgent Care Medicine (2026–Present)
- American College of Legal Medicine (2026–Present)
- American Association of Legal Nurse Consultants — Associate Member (2025–Present)
- Nevada Workers' Compensation Treating Panel of Physicians & Chiropractors (2017–Present)