Karanvir Gupta, MD, DABFM

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Curriculum Vitae

Professional Summary

Board-Certified Family Medicine Physician in active clinical practice since 2017, with experience spanning comprehensive primary care and urgent care. Clinical experience includes preventive medicine, chronic disease management, acute care, diagnostic evaluation, office-based procedures, medication management, continuity of care, and coordination of specialty referrals in both traditional primary care and medically underserved rural practice settings.

Currently serves as Chief Medical Officer with responsibilities encompassing Medical Director functions, including clinical governance, provider supervision, quality improvement, and patient safety across multiple outpatient primary care clinics.

Clinical Experience

Chief Medical Officer & Primary Care Physician
Union Family Health Center
Las Vegas, Nevada
June 2026–Present
Full-Time

Serve as Chief Medical Officer (approximately 30% administrative responsibilities) while maintaining an active Family Medicine practice (approximately 70% direct patient care) providing comprehensive primary care to members of the International Brotherhood of Electrical Workers (IBEW) Local 357 and their families.

Clinical responsibilities include:

- Preventive care and age-appropriate cancer screening
- Evaluation and management of acute medical conditions
- Management of chronic conditions such as diabetes, hypertension, hyperlipidemia, and thyroid disease

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- Metabolic and obesity management, including GLP-1–based therapies
- Men's health, including testosterone therapy, erectile dysfunction, enlarged prostate, and prostate cancer screening
- Medication management, monitoring, and prescribing safety
- Non-obstetric women's health, including contraception, STI evaluation and management, cervical and breast cancer screening, and menopausal care
- Acute and chronic pain management utilizing opioid and non-opioid treatment strategies
- Insomnia and sleep disorder management, including controlled medication prescribing and monitoring
- Integration of behavioral health into comprehensive primary care
- Patient education, shared decision-making, and lifestyle counseling
- Coordination of specialty referrals and follow-up care
- Office-based procedures including skin biopsy, sebaceous cyst excision, incision and drainage of abscesses, laceration repair, foreign body removal, nail avulsion procedures, and joint and soft-tissue injections

Leadership responsibilities encompass Chief Medical Officer and Medical Director functions, including:

- Clinical governance and physician leadership across multiple primary care clinics
- Supervision and mentorship of physicians, nurse practitioners, and physician assistants
- Peer review, quality improvement, and patient safety initiatives
- Provider recruitment, onboarding, and performance evaluations
- Regulatory compliance and risk management oversight
- Clinical workflow optimization and implementation of evidence-based care standards
- Development, implementation and oversight of clinical policies, procedures, and care delivery models

Maintain an active patient panel and clinical practice while leading organizational initiatives focused on quality, access, patient safety, preventive care, telehealth, and population health outcomes.

Urgent Care Physician
CareNow Urgent Care (HCA Healthcare)
Las Vegas, Nevada
April 2024–Present
Per Diem

Provide urgent care services across multiple CareNow clinics throughout the Las Vegas Valley in a high-volume outpatient setting, evaluating approximately 20–60 patients per shift.

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Clinical responsibilities include:

- Evaluation and management of acute illnesses and injuries across a broad range of cardiopulmonary, neurologic, gastrointestinal, infectious, dermatologic, and musculoskeletal conditions
- Evaluation of high-risk presentations including chest pain, shortness of breath, abdominal pain, headache, dizziness, fractures, lacerations, and other urgent medical conditions
- Interpretation of laboratory studies, electrocardiograms, radiographs, and point-of-care testing
- Determination of emergency department referral and hospitalization needs
- Occupational medicine services, including pre-employment physicals and work-related injury care
- Performance of office-based procedures including benign skin lesion and cyst excision, incision and drainage of abscesses, laceration repair, foreign body removal, nail avulsion procedures
- Patient education, shared decision-making, and coordination of follow-up care

Primary Care Physician
Marathon Health
Las Vegas, Nevada
June 2024-June 2026
Full-Time

Provided comprehensive outpatient Family Medicine services within an employer-sponsored, value-based primary care model emphasizing preventive care, chronic disease management, longitudinal patient relationships, and population health.

Clinical responsibilities included:

- Preventive care and age-appropriate cancer screening
- Evaluation and management of acute medical conditions
- Management of chronic conditions such as diabetes, hypertension, hyperlipidemia, and thyroid disease
- Metabolic and obesity management, including GLP-1–based therapies
- Men's health, including testosterone therapy, erectile dysfunction, enlarged prostate, and prostate cancer screening
- Medication management, monitoring, and prescribing safety
- Non-obstetric women's health, including contraception, STI evaluation and management, cervical cancer screening, breast cancer screening, and menopausal care
- Acute and chronic pain management utilizing opioid and non-opioid treatment strategies

FOR REVIEW ONLY - NOT RETAINED

- Insomnia and sleep disorder management, including controlled medication prescribing and monitoring
- Integration of behavioral health into comprehensive primary care
- Patient education, shared decision-making, and lifestyle counseling
- Coordination of specialty referrals and follow-up care

Performed office-based procedures including:

- Skin biopsy
- Incision and drainage of abscesses
- Joint injections
- Laceration repair
- Cyst and lipoma excision
- Nail avulsion procedures
- Foreign body removal

Collaborated with multidisciplinary care teams to improve patient engagement, population health outcomes, and continuity of care. Provided supervision and mentorship of advanced practice providers.

Urgent Care Physician (Broad-Spectrum Outpatient Family Medicine)
Intermountain Health
Pahrump, Nevada
October 2017-May 2024
Full-Time

Practiced broad-spectrum outpatient Family Medicine in a high-volume medically underserved rural community, evaluating approximately 25–50 patients per shift, where limited access to primary care resulted in management of both acute and longitudinal medical conditions.

Clinical responsibilities included:

- Evaluation and management of acute illnesses and injuries
- Chronic disease management, including diabetes, hypertension, asthma, and other common outpatient conditions
- Preventive care and health maintenance counseling including cancer screening
- Diagnostic evaluation of cardiopulmonary, neurologic, gastrointestinal, infectious, dermatologic, and musculoskeletal presentations
- Interpretation of laboratory studies, electrocardiograms, radiographs, and point-of-care testing
- Medication management and monitoring
- Determination of emergency department referral and hospitalization needs
- Coordination of specialty referrals and follow-up care

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Provided occupational medicine services including:

- Department of Transportation (DOT) examinations
- Workers' compensation evaluations and treatment
- Return-to-work assessments

Performed office-based procedures including:

- Incision and drainage of abscesses
- Laceration repair
- Cyst and lipoma excision
- Nail avulsion procedures
- Foreign body removal

Additional responsibilities included:

- Supervision and mentorship of physician assistants, nurse practitioners and medical/nursing students
- Chart review and clinical feedback
- Collaboration with multidisciplinary clinical teams to support quality patient care

Education & Training

Family Medicine Residency
University of North Dakota Center for Family Medicine, Minot, ND | 2014–2017

Doctor of Medicine
Saba University School of Medicine, Netherlands-Antilles | 2009–2014

Honors Bachelor of Medical Sciences (Medical Biophysics)
University of Western Ontario, London, ON, Canada | 2005–2009

Licensure & Board Certification

- Nevada State Board of Medical Examiners – Active License (2017–2027)
- American Board of Family Medicine – Board Certified, Diplomate (2017–Present)
- FMCSA Department of Transportation Certified Medical Examiner (2018–2028)
- DEA Controlled Substance Registration (2024–2027)
- Nevada State Board of Pharmacy – Practitioner Dispensing License (2024–2026)
- Nevada State Board of Pharmacy – Controlled Substance License (2024–2026)
- Basic Life Support (2024–2026)

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Academic & Supervisory Roles

- Supervising Physician for Physician Assistants (2018–Present)
- Collaborating Physician for Nurse Practitioners (2020–2022; 2026–Present)
- Resident and Medical Student Advisor, University of North Dakota Center for Family Medicine (2014–2017)
- Resident Recruitment Committee, University of North Dakota Center for Family Medicine (2014–2017)
- Education Committee, University of North Dakota Center for Family Medicine (2014–2017)
- Medical Student Mentor, Saba University School of Medicine (2010–2011)

Medical-Legal Experience

Experience includes medical record review, chronology development, standard-of-care evaluation, preparation of affidavits of merit, retained expert consultation, and deposition and trial testimony as a treating physician and fact witness.

Scholarly Activity & Continuing Education

Conferences Attended:

- Inside Litigation Event - Indianapolis, IN (2026)
- Defense Research Institute 2026 Medical Liability and Health Care Law Seminar - Nashville, TN (2026)
- American Association of Legal Nurse Consultants 2026 Annual Forum - Orlando, FL (2026)
- MCE Dermatology and Pain Management for Primary Care – Orlando, FL (2025)
- Continuing Education Company 8th Annual Clinical Issues in Primary Care – Big Island, HI (2023)
- American Academy of Family Physicians Geriatric Medicine – Livestream (2021)
- American Academy of Family Physicians Adult Medicine – Livestream (2021)
- American Academy of Family Physicians Emergency & Urgent Care – Las Vegas, NV (2018)
- Society of Teachers of Family Medicine Annual Spring Conference – Minneapolis, MN (2016)
- University of North Dakota Conference on Rural & Public Health – Minot, ND (2015)

Podcasts & Educational Interviews

- Red Flags in Urgent Care: When Small Mistakes Become Big Legal Problems
  Legal Nurse Podcast by Pat Iyer, Episode 700 (2026)

Presentations:

- American Association of Legal Nurse Consultants New Jersey Chapter — Abnormal Labs, Missed Signals: How Cancer Diagnoses Are Delayed in Primary Care (2026)

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- Resident-Driven Education — Society of Teachers of Family Medicine Annual Spring Conference (2016)
- Surviving Intern Year — University of North Dakota Center for Family Medicine (2015)
- Long-Acting Contraception & Teen Pregnancy — University of North Dakota Journal Club (2015)

Publications:

Finger EC, Marsh A, Blair KS, Majestic C, Evangelou I, Gupta K, et al. *Psychiatry Research: Neuroimaging* (2012)

Mitchell DGV, Luo Q, Avny SB, Kasprzycki T, Gupta K, et al.
Journal of Neuroscience (2009)

Professional Memberships & Affiliations

- American Academy of Family Physicians (2014–Present)
- College of Urgent Care Medicine (2026–Present)
- Nevada Workers' Compensation Treating Panel of Physicians & Chiropractors (2017–Present)

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